CHICKEN SATAY 7.50 & Sweet & spicy chicken with satay sauce.

BEHARI KEBAB 7.50 Chicken tikka & sheek kebab cooked with onion, green pepper & garlic

SATAY SIZZLER 7.50 & Chicken tikka & lamb tikka stir fried with mushrooms (contains dairy).

STUFFED PEPPER 7.50 Lightly spiced & marinated chicken in a whole green pepper, then barbecued in the tandoor.

SPICY PANGUSH 7.50 Diced white fish, lightly coated in spices, shallow fried & garnished with fried onions.

SWEET CHILLI SQUID 8.50 %

Squid rings in tempura batter, deep fried & served with sweet chilli sauce.

KAKARA CHAAT 8.50 % Spiced minced crab meat with mashed potato, served with puri bread.

HOT TUNA CHAAT 8.50 Spicy tuna cooked with fresh chilli, onion & peppers, served with thin puri bread.

ROSHUNI JINGA 8.50 Large king prawn fried with garlic & selected spices, served with garlic sauce.

TEMPURA KING **PRAWN 8.50** Breaded king prawn served with sweet chilli sauce.

DILL SALMON 8.50 Salmon fillet marinated with garlic, ginger, yogurt & dill.

SHARING STARTER PLATTER 18.95 A selection of king prawn hara, chicken pakora, chicken & lamb tikka, sheek kebab, onion bhaji & samosa, serves two people.

TRADITIONAL STARTERS

ONION BHAJI 5.50 9% Spiced onion balls, deep fried.

MEAT SAMOSA 5.50 % Spiced meat wrapped in a deep fried pastry parcel.

VEG SAMOSA 5.50 @> Spiced vegetables wrapped in a deep fried pastry parcel.

CREAMY GARLIC MUSHROOMS 6.50 @

DESI SINGARA 6.50 @ Popular Indian street food: Spicy potato, peas & vegetables stuffed in thin dough & deep fried.

DHAI CHANNA 6.50 @ Spicy chickpea with fresh yogurt.

DHAL PURI 6.50 @@ Popular Indian street food: Hot & spicy lentil snack of stuffed pastry filled with a blend of lentil, chilli powder, turmeric, coriander and cumin powder.

ALOO CHAAT PURI 6.50 @@ Cubed potato cooked with chaat masala sauce, served on a thin puri bread.

PANEER TIKKA 7.50 @ Marinated Indian cheese, barbecued in the tandoor.

CHICKEN CHAAT 7.50 % Chicken cooked bhuna style with chaat sauce, served with thin puri bread.

CHICKEN PAKORA 750 % Chicken breast pieces dipped in spicy batter & deep fried.

CHICKEN / LAMB TIKKA 7.50 Marinated & cubed meat, barbecued in the tandoor

SHEEK / SHAMI **KEBAB 7.50** Marinated minced lamb, grilled in the tandoor.

NAGA CHICKEN* 7.50 Special chilli flavoured home-

cooked chicken - hot dish! **CHEESY CHICKEN 7.50** Whole marinated chicken breast

fillet covered in melted cheese PRAWN COCKTAIL 7.50

FISH MASALA 7.50 % White fish, dusted with masala spices & deep fried

MIXED KEBAB 7.50 Includes chicken tikka, lamb tikka & sheek kebab.

SIZZLING CHICKEN* 7.50 Thinly sliced chicken tikka, stir fried with onion & green pepper with herbs & spices a touch of methi.

SIZZLING KING PRAWN 8.50 Stir fried king prawns with sliced green peppers, onion & garlic paste.

KING PRAWN PURI 8.50 % Cooked bhuna style, served with a thin puri bread.

LAMB CHOPS 8.95 % Marinated overnight in a special sauce with lemon juice, garlic, ginger, herbs and spices.

CHEF SPECIALITIES

BUTTER CHICKEN 12.95 4

MILD Strips of fresh, boneless tandoori chicken, cooked in a rich butter sauce with fresh cream, almonds & carefully selected mild spices.

PASSANDA* 12.95 & MILD Chicken cooked with cream & ground almonds to give it a fruity, nutty flavour, garnished with cashew nuts

SHAHLAMCHOR* 12.95 4 MILD Marinated chicken cooked with mango, almonds fresh cream & Malibu.

KASHMIRI CHICKEN* 12.95 MILD Fresh caramel bananas top this mild & creamy dish

BHINDI CHICKEN* 11.95 MED A medium spiced dish cooked with okra.

ASSAM SPECIAL CHICKEN* 12.95

MED Spiced chicken cooked with shatkora pickle – a type of lemon that only grows in parts of Bangladesh.

LAKNAVI* 12.95 MED Saucy bhuna chicken dish with garlic paste, lemon juice, herbs & spices.

ROSHUN CHICKEN 12.95 MED Diced chicken or lamb, cooked with roasted garlic, onion & tomato.

HONEY CHILLI CHICKEN £12.95 MED Chicken cooked with crushed chilli & glazed with honey.

BIRYANI Cooked with pilau rice, served with vegetable curry.

VEGETABLE & MUSHROOM 10.95 @

CHICKEN TIKKA BIRYANI 12.95

BENGAL SPECIAL BIRYANI 15.95

LAMB TIKKA BIRYANI 13.95

KING PRAWN BIRYANI 14.95

Chicken, lamb, king prawn &

mushroom, topped with omelette

CHICKEN BIRYANI 11.95

LAMB BIRYANI 12.95

MURGI BAHAR 12.95

MED Chicken cooked with minced meat, selected herbs & spices, onion, garlic, coriander & whole boiled egg.

CHICKEN SHASLICK KORAI 12.95

MED Chicken barbecued in the tandoori together with onion, tomato & pepper then recooked in a medium sauce.

CORIANDER CHICKEN 12.95 MED Chicken tikka in a blended coriander sauce with onion, tomato & selected herbs & spices.

MIX GRILL KORAI 13.95 MED Highly flavoured dish with tandoori chicken, chicken tikka, lamb tikka & sheek kehab.

BENGAL PRIDE SPECIAL 13.95 MED Chicken tikka, lamb tikka,

king prawn & minced meat cooked with exotic herbs & spices.

ALOO KEMA PEAS 11.95 **MED-HOT** Spicy minced lamb, potato & peas cooked with fresh garlic, ginger, chopped chilli, cumin & garam masala.

CHICKEN CHATTINARD 12.95 4 MED-HOT Chicken cooked in ginger & garlic paste with coconut & green chilli, blended with

curry leaf & mustard seeds. A

popular dish in South India.

wap chicken for amb £1 extra.

DEVDAS 12.95

MED-HOT Marinated chicken & lamb tikka, cooked in a fairly hot sauce with fresh ginger, onion, peppers, pickled chilli & fresh coriander.

CHICKEN REZELLA £13.95 MED-HOT Highly spiced dish cooked with onion, green pepper & fresh herbs (flaming contains sambuca).

GARLIC CHILLI KORAI* 12.95

HOT Chicken cooked with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices

JALFREZI* 12.95 HOT Chicken cooked with fresh green chillies, onion, peppers, herbs & spices.

SIMLA MIRCHI 12.95 HOT This madras style dish, created to chef's own recipe of chicken or lamb with jalapeños & carefully selected herbs & spices.

NAGA CHICKEN* 12.95 HOT Chicken flavoured with chilli for a madras dish, with naga chilli pickle, herbs & spices.

ANARKOLI 13.95 HOT A modern twist: breaded & deep-fried chicken tikka, covered in hot sauce & topped with fried prawns.

BENGAL BURNER 13.95 WARNING: RECOMMENDED FOR HOT CURRY LOVERS ONLY! VERY HOT Bhuna style dish, but hotter than a phaal with different types of chilli & full of flavour.

TRADITIONAL CURRY

All the traditional curry dishes are available: Kormass. Bhuna, Pathia, Dhansak, Saag, Madras, Methi, Vindaloo, Ceylon, Malayan, Dopiaza, Rogan Josh & medium curry.

VEGETABLE & MUSHROOM 9.95 @

CHICKEN 11.95 CHICKEN TIKKA 11.95 LAMB 12.95 LAMB TIKKA 12.95 **PRAWN 13.95** KING PRAWN 14.95

amb £1 extra.

'Deshi' is used to describe Asian style cooking, 'handi' Asian style cooking, handi is a unique large cooking pot that is used specially to prepare food in Indian homes. This authentically spiced dish is cooked on a slow heat using the 'handi' method, definitely for the curry connoisseur! All served with a side of curry leaf-infused rice.

DESHI HANDI

VEGETABLE HANDI 11.95 ♀ CHICKEN / LAMB HANDI* 12.95

HANDI SAAGWALA* 12.95 Chicken (or lamb) with spinach.

HANDI KEEMA* 13.95 Chicken (or lamb) with minced meat. **MASALA**

The nations favourite mild curry dish, cooked with almond, coconut & cream

VEGETABLE & MUSHROOM 10.95 @

CHICKEN TIKKA MASALA 11.95 LAMB TIKKA

MASALA 12.95 **CHITTAGONG CHINGRI**

MASALA 16.95 Giant Bay of Bengal king prawns are baked in the clay oven & then gently simmered in vohurt & masala sauce.

SIGNATURE DISHES

Our signature dishes are served with a side of curry leaf-infused rice.

NEPALI MIX MOSS 14.95 & Tandoori chicken off the bone, sliced lamb tikka & chicken tikka cooked with fresh herbs & cream.

AKBARI CHICKEN 14.95

Tender chicken strips cooked with minced meat, mushroom & green chilli, with a unique blend of herbs & spices to give an exquisite taste.

JAIPUR CHICKEN 14.95 Marinated chicken grilled in the tandoori oven, combined with fried onion, capsicum & fresh Punjab masala in a thick sauce.

BENGAL SPECIAL KEEMA 15.95 Whole chicken breast stuffed with cheese & Spanish spices, oven roasted then finished in chef's special minced meat sauce – available mild, medium or hot!

LAMB EXOTIC 15.95 Choice cuts of tender lamb, cooked bhuna style in a sweet & sour sauce, with fresh garden mint & a touch of English mustard for that extra kick!

LAMB NIHARI 15.95 An Indian subcontinent dish consisting of tender lamb marinated in a special home style then slow-cooked with garam masala, nihari masala & mustard seeds. A slightly hot dish.

LAMB SHANK 17.95 Mogul dish of slow-braised lamb shank cooked with fresh ground spices & yoghurt.

TANDOORI

Tandoori dishes are marinated with herbs & spices overnight then barbecued in the clay tandoor. All served with salad & mint sauce.

lamb £1 extra.

TANDOORI CHICKEN 13.95 Half-on-the-bone

CHICKEN TIKKA* 1295 Marinated chicken tikka.

HONEY CHICKEN TIKKA 12.95 Chicken breast pieces marinated in yoghurt & chilli infused honey.

CHICKEN SHASLICK* 13.95 Chicken tikka barbecued with

SIZZLING CHICKEN 13.95

onion, tomato & pepper.

Thinly sliced chicken tikka, stir fried with onion & green pepper with herbs & spices a touch of methi.

TANDOORI FISH 13.95

Bengali fish fillet marinated in garlic & ginger, then cooked in a traditional clay oven.

TANDOORI MIXED GRILL 15.95 % Chicken tikka, lamb tikka, sheek kebab & tandoori

chicken, served with plain naan & side of curry sauce.

King prawns marinated in yogurt with mint & coriander then grilled in the tandoor.

TANDOORI KING PRAWN 16.95

TANDOORI KING PRAWN SHASLICK 16.95 Large seasoned & marinated king prawn skewered with onions, pepper & tomato, then barbecued to perfection in the tandoori clay oven.

SEAFOOD SPECIALS

FISH MOILEY 13.95

A well known dish from South India with white fish cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds.

MACHLI PALAK £13.95

Sliced fillets of fish marinated over several hours in ginger, pepper, chilli & lemon juice in the clay oven then cooked gently with spinach in a medium-hot spice.

ROSHUNI JINGA 16.95

Giant king prawns cooked in a beautifully spiced sauce with freshly sliced garlic. Served with rice.

JINGA MALIBU EXOTIC 16.95 4

King prawns cooked with coconut & garnished with flaked almonds & fresh cream laced with Malibu! Served with rice.

GINGER SEA BASS 17.95

Marinated fillets of sea bass, shallow fried then served on stir fried potato, fresh spinach leaves & tomato, seasoned with chat masala, ginger, black pepper & soy sauce. Served with rice.

SALMON RELISH 17.95

Tempting diced fillet of salmon lavishly spiced & grilled in the tandoori, then cooked in a special blend of fresh coriander relish sauce with a slight infusion of garlic & ginger. Served with rice.

BALTI

wap chicken for lamĥ £1 extra.

Made with freshly prepared & ground aromatic spice mixture, combined with fresh garlic, ginger, onion, pepper & tomato – to give the Balti dish its distinctive taste. Served with plain naan or pilau rice.

VEGETABLE BALTI 11.95

CHICKEN TIKKA BALTI 12.95

GARLIC CHICKEN KORAI BALTI 12.95 GARLIC CHICKEN CHILLI BALTI 12.95

CHICKEN MOTOR SAAG BALTI 13.95

Chicken, lamb & king prawn.

TANDOORI MIXED BALTI 15.95

TANDOORI KING PRAWN BALTI 16.95

VEGETARIAN SPECIALS @

MIXED VEGETABLE RELISH 11.95 Selected fresh vegetables with mushroom, mixed in a blended coriander relish creating a unique tasting dish.

SHABJI GARLIC **CHILLI 11.95** A hot dish of assorted fresh vegetables stir fried with Indian cheese stir fried with diced onion & peppers, fresh

PANEER DELIGHT 12.95 A very mildly spiced dish of Indian cheese cooked with butter.

coconut & cream

garlic & chillies.

PANEER GARLIC KORAI 12.95 Cubed Indian cheese stir fried with diced onion, garlic, peppers & herbs in a thick korai sauce.

CHILLI **PANEER 12.95** Fairly dry dish with Indian cheese, chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked

chilli & fresh coriander.

TANDOORI PANEER SHASLICK 13.95 Indian cheese marinated with herbs & spices overnight then barbecued with onion, tomato & pepper. Served with alad & mint sauce.

SIDE DISHES®

5.95 EACH

BOMBAY POTATO

BHINDI BHAJI Okra.

CAULIFLOWER BHAJI

MUSHROOM BHAJI

ALOO GOBI Potato & cauliflower.

SAAG PANEER

Indian cheese & spinach.

SAAG ALOO Spinach & potato.

GRANDMOTHER DHAL

Mixed split lentils. CHANNA BHAJI Chickpeas.

MOTOR PANEER

Indian cheese with garden peas.

BREAD®

PLAIN NAAN 4.20 @

GARLIC NAAN 4.50 @

GARLIC & CORIANDER NAAN 4.50 @

CHEESE & ONION NAAN 4.50

KEEMA NAAN 4.50 Spiced minced lamb.

PESHWARI NAAN 4.50 49 Coconut, almond & sultanas.

PARATHA 4.50 @

ALOO PARATHA 4.50 @ Potato stuffing.

CHAPATI 2.90 @

RICE DISHES

BOILED RICE 4.20 @

PILAU RICE 4.20 @

GARLIC / CHILLI / LEMON / EGG / MUSHROOM / VEGETABLE RICE 4.50 &

COCONUT RICE 4.50 60

SPECIAL FRIED RICE 4.50 49 With egg, garden peas & nuts.

KEEMA RICE 4.50 Spiced minced lamb.

SUNDRIES®

CHIPS 3.90

PAPADOM 95P Plain or spicy.

GREEN SALAD 3.50

RAITA 3.90

Yogurt with cucumber or onion.

PICKLE TRAY 4.95

PICKLES 1.10 EACH

SPECIAL SET MENU SUNDAY-WEDNESDAY **ONLY** 17.95 P/P

CURRY SET MEAL FOR TWO 42.95

CHICKEN PAKORA * NEPALI MIX MOSS &

ONION BHAJI 😪 CHICKEN KARAI PILAU RICE &

GARLIC NAAN 🕫 🗞

BOMBAY POTATOES &

TANDOORI SET MEAL FOR TWO 46.95

TANDOORI MIXED GRILL

CHICKEN SHASHLICK

SHEEK KEBAB GARLIC NAAN ⊕® **CHICKEN TIKKA** CURRY SAUCE &

PILAU RICE ⊕

IMPORTANT ALLERGY NOTICE

→ Vegetarian.

Contains nuts.

Contains gluten.

BEFORE ORDERING PLEASE SPEAK TO OUR STAFF ABOUT ANY DIETARY REQUIREMENTS.

Nuts and other allergens are handled in our kitchen. Our kitchen aims to keep non-meat items separate from meat products. However, we cannot guarantee there will be no cross-contamination.

Products are fried in oil produced from genetically modified soya.

We take great care to remove the bones & cartilage from our boneless items, but there is a small chance of finding them.

ALL PRICES INCLUDE 20% VAT.

BENGAL PRIDE

133 CHANTERLANDS AVENUE KINGSTON-UPON-HULL **EAST YORKSHIRE HU5 3TJ**

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Please review us on Trip Advisor or follow us on social media: @BengalPrideHull