SIDE DISHES 6.95 EACH

BOMBAY POTATO

BHINDI BHAJI Okra.

CAULIFLOWER BHAJI

MUSHROOM BHAJI

ALOO GOBI Potato & cauliflower.

SAAG PANEER Indian cheese & spinach.

SAAG ALOO Spinach & potato.

GRANDMOTHER DHAL Mixed split lentils.

CHANNA BHAJI Chickpeas.

MOTOR PANEER Indian cheese with garden peas.

RICE DISHES

BOILED RICE 4.50 @

PILAU RICE 4.50 @

GARLIC / CHILLI / LEMON / EGG / MUSHROOM / VEGETABLE RICE 4.80 ♀

COCONUT RICE 4.80 44

SPECIAL FRIED RICE 4.80 44 With egg, garden peas & nuts.

KEEMA RICE 4.80 Spiced minced lamb.

BREAD

PLAIN NAAN 4.30 @

GARLIC NAAN 4.50 @

GARLIC & CORIANDER NAAN 4.80 ♀

CHEESE & ONION NAAN 4.80

KEEMA NAAN 4.80 Spiced minced lamb.

PESHWARI NAAN 4.50 🧇 Coconut, almond & sultanas.

PARATHA 4.50 @

CHAPATI 2.50 ↔

SUNDRIES

CHIPS 3.95

PAPADOM 95P Plain or spicy.

GREEN SALAD 3.95

RAITA 3.90

Yogurt with cucumber or onion.

PICKLE TRAY 4.95

PICKLES 1.20 EACH

BENGAL PRIDE

IMPORTANT ALLERGY NOTICE

- → Vegetarian.
- Contains nuts. Ontains gluten.

BEFORE ORDERING PLEASE SPEAK TO OUR STAFF ABOUT ANY DIETARY REQUIREMENTS.

Nuts and other allergens are handled in our kitchen. Our kitchen aims to keep non-meat items separate from meat products. However, we cannot guarantee there will be no cross-contamination.

Products are fried in oil produced from genetically modified soya.

We take great care to remove the bones & cartilage from our boneless items, but there is a small chance of finding them.

ALL PRICES INCLUDE 20% VAT.

133 CHANTERLANDS AVENUE KINGSTON-UPON-HULL **EAST YORKSHIRE HU5 3TJ**

TELEPHONE 01482 442119 WWW.BENGALPRIDE.CO.UK

Please review us on Trip Advisor or follow us on social media: @BengalPrideHull

CHICKEN SATAY 7.50 ♣ Sweet & spicy chicken with satay sauce.

BEHARI KEBAB 7.50 Chicken tikka & sheek kebab cooked with onion, green pepper & garlic

SATAY SIZZLER 7.50 & Chicken tikka & lamb tikka stir fried with mushrooms (contains dairy).

STUFFED PEPPER 7.50 Lightly spiced & marinated chicken in a whole green pepper, then barbecued in the tandoor.

SPICY PANGUSH 7.50 Diced white fish, lightly coated in spices, shallow fried & garnished with fried onions.

SWEET CHILLI SQUID 8.50 % Squid rings in tempura batter, deep fried & served with sweet chilli sauce.

CONNOISSEUR

HOT TUNA
CHAAT 8.50
Spicy tuna cooked with fresh
chilli, onion & peppers, served

KAKARA CHAAT 8.50 🗞

Spiced minced crab meat

with mashed potato, served with puri bread.

with thin puri bread.

ROSHUNI JINGA 8.50 Large king prawn fried with garlic & selected spices, served with garlic sauce.

TEMPURA KING PRAWN 8.50 Breaded king prawn served with sweet chilli sauce.

DILL SALMON 8.50 Salmon fillet marinated with garlic, ginger, yogurt & dill.

SHARING STARTER PLATTER 18.95 % A selection of king prawn hara, chicken pakora, chicken & lamb tikka, sheek kebab, onion bhaji & samosa, serves two people.

FUSION APPETISERS

VEGETARIAN **STARTERS**

ONION BHAJI 5.95 @% Spiced onion balls, deep fried.

VEG SAMOSA 5.95 😪 Spiced vegetables wrapped in a deep fried pastry parcel.

CREAMY GARLIC MUSHROOMS 6.95 @

DESI SINGARA 6.95 @% Popular Indian street food: Spicy potato, peas & vegetables stuffed in thin dough & deep fried.

DHAI CHANNA 6.95 @ Spicy chickpea with fresh yogurt. ALOO CHAAT PURI 6.95 49%

Cubed potato cooked with chaat masala sauce, served on a thin puri bread.

DHAL PURI 6.95 @@ Popular Indian street food: Hot & spicy lentil snack of stuffed pastry filled with a blend of lentil, chilli powder, turmeric, coriander and cumin powder.

PANEER TIKKA 795 @ Marinated Indian cheese, barbecued in the tandoor.

CHILLI PANEER 795 @ Indian cheese with chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked chilli & fresh coriander.

BENGAL PRIDE CHEF SPECIALITIES

BUTTER CHICKEN 12.95 4 MILD Strips of fresh, boneless

tandoori chicken, cooked in a rich butter sauce with fresh cream, almonds & carefully selected mild spices.

PASSANDA* 12.95 @ MILD Chicken cooked with

cream & ground almonds to give it a fruity, nutty flavour, garnished with cashew nuts

SHAHI AMCHOR* 12.95 MILD Marinated chicken cooked with mango, almonds fresh cream & Malibu.

KASHMIRI CHICKEN* 12.95 MILD Fresh caramel bananas top this mild & creamy dish.

ASSAM SPECIAL* 12.95 MED Spiced chicken cooked with shatkora pickle - a type of lemon that only grows in parts of Bangladesh.

LAKNAVI* 12.95 MED Saucy bhuna chicken dish with garlic paste, lemon juice, herbs & spices.

HONEY CHILLI

ROSHUN CHICKEN* 12.95 MED Diced chicken or lamb, cooked with roasted garlic, onion & tomato.

CHICKEN 12.95 MED Chicken cooked with crushed chilli & glazed with honey.

MURGI BAHAR 12.95

MED Chicken cooked with minced meat, selected herbs & spices, onion, garlic, coriander & whole boiled egg.

CHICKEN SHASLICK KORAI 12.95

MED Chicken barbecued in the tandoori together with onion, tomato & pepper then recooked in a medium sauce.

CORIANDER CHICKEN 12.95 MED Chicken tikka in a blended coriander sauce with onion, tomato & selected herbs & spices.

MIX GRILL KORAI 13.95 MED Highly flavoured dish with tandoori chicken, chicken tikka, lamb tikka & sheek kebab.

BENGAL PRIDE SPECIAL 13.95

MED Chicken tikka, lamb tikka, king prawn & minced meat cooked with exotic herbs & spices.

ALOO KEMA PEAS 12.95 **MED-HOT** Spicy minced lamb,

potato & peas cooked with fresh garlic, ginger, chopped chilli, cumin & garam masala.

CHICKEN CHATTINARD 1295 MED-HOT Chicken cooked in ginger & garlic paste with coconut & green chilli, blended with CHICKEN REZELLA 13.95

MED-HOT Highly spiced dish cooked with onion, green pepper & fresh herbs (flaming contains sambuca).

GARLIC CHILLI KORAI* 12.95

HOT Chicken cooked with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices

JALFREZI* 12.95 HOT Chicken cooked with fresh green chillies, onion, peppers, herbs & spices.

SIMLA MIRCHI 12.95 HOT This madras style dish, created to chef's own recipe of chicken or lamb with jalapeños & carefully selected herbs & spices.

NAGA CHICKEN* 12.95 **HOT** Chicken flavoured with chilli for a madras dish, with naga chilli pickle, herbs & spices.

ANARKOLI 13.95 **HOT** A modern twist: breaded & deep-fried chicken tikka, covered in hot sauce & topped with fried prawns.

BENGAL BURNER 14.95 WARNING: RECOMMENDED FOR HOT CURRY LOVERS ONLY! VERY HOT Bhuna style dish, but hotter than a phaal with different types of chilli & full of flavour.

BIRYANI

VEGETABLE &

BIRYANI 11.95 @

MUSHROOM

Cooked with pilau rice,

served with vegetable curry.

CHICKEN BIRYANI 12.95

LAMB BIRYANI 13.95

CHICKEN TIKKA

BIRYANI 13.95

LAMB TIKKA

BIRYANI 14.95

BIRYANI 15.95

Chicken, lamb, king

prawn & mushroom.

topped with omelette.

BENGAL SPECIAL

vap chicken for lamb £1 extra.

'Deshi' is used to describe Asian style cooking, 'handi' is a unique large cooking pot that is used specially to prepare food in Indian homes. This authentically spiced dish is cooked on a slow heat using the 'handi' method, definitely for the curry connoisseur! All served with a side of curry leaf-infused rice.

lamb £1 extra.

CHICKEN / LAMB HANDI* 13.95

HANDI KEEMA* 13.95 Chicken (or lamb) with minced meat.

DESHI HANDI

VEGETABLE HANDI 11.95 ♀

curry leaf & mustard seeds.

HANDI SAAGWALA* 13.95

Chicken (or lamb) with spinach.

TANDOORI

Tandoori dishes are marinated with herbs & spices overnight then barbecued in the clay tandoor. All served with salad & mint sauce.

TANDOORI CHICKEN 14.95 Half-on-the-bone

CHICKEN TIKKA* 13.95 Marinated chicken tikka.

HONEY CHICKEN TIKKA 13.95

Chicken tikka barbecued with onion, tomato & pepper.

with onion & green pepper with herbs & spices a touch of methi.

sheek kebab & tandoori chicken, served with plain naan & side of curry sauce.

lamb £1 extra

SIGNATURE DISHES

Our signature dishes are served with a side of curry leaf-infused rice.

NEPALI MIX MOSS 15.95 &
Tandoori chicken off the bone, sliced lamb tikka & chicken tikka cooked with fresh herbs & cream.

AKBARI CHICKEN 15.95

Tender chicken strips cooked with minced meat, mushroom & green chilli, with a unique blend of herbs & spices to give an exquisite taste.

JAIPUR CHICKEN 15.95

Marinated chicken grilled in the tandoori oven, combined with fried onion, capsicum & fresh Punjab masala in a thick sauce.

LAMB EXOTIC 16.95 Choice cuts of tender lamb, cooked bhuna style in a sweet & sour sauce, with fresh garden mint & a touch of English mustard for that extra kick!

An Indian subcontinent dish consisting of tender lamb marinated in a special home style then slow-cooked with garam masala, nihari masala & mustard seeds. A slightly hot dish.

SEAFOOD SPECIALS

FISH MOILEY 14.95

A well known dish from South India with white fish cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds.

FISH KARAHI 14.95 White fish cooked with tomato, garlic, ginger & blended spices.

MACHLI PALAK 14.95

Sliced fillets of fish marinated over several hours in ginger, pepper, chilli & lemon juice in the clay oven then cooked gently with spinach in a medium-hot spice.

FISH GARLIC CHILLI 14.95 White fish cooked with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices.

VEGETARIAN SPECIALS

MIXED VEGETABLE RELISH 11.95 Selected fresh vegetables & mushroom, blended with coriander relish, creating a unique tasting dish.

SHABJI GARLIC CHILLI 11.95

A hot dish of assorted fresh vegetables & Indian cheese stir fried with diced onion, peppers, fresh garlic & chillies.

Aubergine cooked with green chilli, garlic, herbs & spices. Garnished with flaked chilli & fresh coriander.

PANEER GARLIC KORAI 13.95

Cubed Indian cheese stir fried with diced onion, garlic, peppers & herbs in a thick korai sauce.

PANEER DELIGHT 13.95

A very mildly spiced dish of Indian cheese cooked with butter, coconut & cream.

CHILLI PANEER 13.95

Fairly dry dish with Indian cheese, chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked chilli & fresh coriander.

BALTI

Made with freshly prepared & ground aromatic spice mixture, combined with fresh garlic, ginger, onion, pepper & tomato – to give the Balti dish its distinctive taste. Served with plain naan or pilau rice.

VEGETABLE & MUSHROOM

10.95

CHICKEN TIKKA BALTI 13.95

GARLIC CHICKEN KORAI BALTI 13.95

GARLIC CHICKEN CHILLI BALTI 13.95 CHICKEN MOTOR SAAG BALTI 13.95

PRAWN BALTI 15.95

TANDOORI MIXED BALTI 15.95 Chicken, lamb & king prawn.

TRADITIONAL CURRY

All the traditional curry dishes are also available:

SAAG **MALAYAN KORMA** MADRAS **CEYLON BHUNA PATHIA** METHI **DHANSAK** ROGAN JOSH **MEDIUM** DOPIAZA **CURRY VINDALOO**

VEGETABLE & MUSHROOM 10.95 @

CHICKEN 12.95

CHICKEN TIKKA 13.25 LAMB TIKKA 13.95

PRAWN 13.95

LAMB 13.95

TRADITIONAL STARTERS

MEAT SAMOSA 5.95 % Spiced meat wrapped in a deep fried pastry parcel.

CHICKEN PAKORA 7.95 % Chicken breast pieces dipped in spicy batter & deep fried.

CHICKEN TIKKA 795 Marinated & cubed meat,

SHEEK/SHAMI KEBAB 7.95 Marinated minced lamb, grilled in the tandoor.

barbecued in the tandoor.

NAGA CHICKEN 7.95 Special chilli flavoured homecooked chicken - hot dish!

CHEESY CHICKEN 7.95 Whole marinated chicken breast fillet covered in melted cheese.

MIXED KEBAB 795 Includes chicken tikka, lamb tikka & sheek kebab.

SIZZLING CHICKEN 7.95 Thinly sliced chicken tikka.

stir fried with onion & green pepper with herbs & spices a touch of methi.

PRAWN COCKTAIL 7.95

FISH MASALA 7.95 % White fish, dusted with masala spices & deep fried

PRAWN PURI 8.75 % Prawns cooked bhuna style, served with a thin puri bread.

Chicken breast pieces marinated in yoghurt & chilli infused honev.

CHICKEN SHASLICK* 14.95

SIZZLING CHICKEN 14.95 Thinly sliced chicken tikka, stir fried

TANDOORI MIXED GRILL 16.95 % Chicken tikka, lamb tikka,

ap chicken for

MASALA

The nations favourite mild curry dish, cooked with almond, coconut & cream.

VEGETABLE & MUSHROOM MASALA 10.95 9

PANEER TIKKA MASALA 12.95 @ CHICKEN TIKKA MASALA 12.95

LAMB TIKKA MASALA 13.95